

Q96 TONY STEPHAN

I became a Master Herbalist and a Nutritionist, and I certified as an hypnotherapist. I help people write their Vision Statements and create personalized recordings after we have refined their purpose and vision.

I created a website naturalhealingmadeeasy.com. I have a free book on there. It tells of how I got rid of a large tumor in eight weeks naturally and I learned the authentic from the artificial. I created a healing program for people to follow. I so deeply wanted to help others so they didn't have to go through all I'd gone through. And then I realized it was their journey and it wasn't up to me to heal them. Not that I ever thought I could. We heal our self with the help of the Divine but there are natural laws to follow that make our lives so much easier. I am blessed beyond measure to know these simple laws.

For a long time I believed that a change of lifestyle was the only way to heal. Then I read a story of a man, called Tony Stephan, whose wife had committed suicide. His daughter was suicidal schizophrenic and his son who was violent bipolar. They both came off their medication within thirty days when they took a nutritional supplement their father had created.

That was about nineteen years ago and the same thing has happened for thousands of other people. Of course lifestyle changes are still important but it has warmed my heart to see people using those things that truly do no harm.

Tony Stephan prayed and he searched diligently for an answer. He knew there was an other way. Had he not faced and known the shadow and the darkness facing him he would never have had the impetus to make these changes for the world.

And I too am here to make changes for the world for those who have known severe abuse and so called mental illness.

I am lucky I had angels in my life, both earthly and from the other side. My angels told me that it is time to speak. I have waited a long time but what is this time compared to eternity. However, my work is not for after this life, it is for now. it is for those who read this and wish to recover from labels of mental illness and from abuse severe or not.

You see, there is not level of abuse. it is all severe. abuse is not of God or the Divine or whatever you want call God. Some would say it is illusion. They would say there is only love. Do not listen to them. Although it is ultimately true, that love is the only thing that is real, when you re being smacked around the head or strangled it matters not if darkness is an illusion. It is very real to you and must be spoken of and addressed as darkness. We have no time to get into intellectual debates about what love is until you clear those blocks which are holding you back.

If there is only love I assure you that creating abuse and not claiming your responsibility to be empowered will simply keep you in what i fondly call la-la land.

Perhaps you don't think you create your own life and perhaps you feel that it is an insult for anyone to say that you do. After all who would create a life with abuse. Well, I did. It does not mean that I did it purposely or consciously. I came to earth to break the pattern of abuse. Maybe you did too.